

## If you are self isolating is there a friend or family member who can collect your prescription on your behalf?

Our contact sheet below provides details of local organisations and voluntary action organisations who may be able to help collect your prescription.

### Organisations

<p><b>ARE YOU SELF-ISOLATING?</b> </p> <p>Across Wirral we are offering:</p> <p><b>Shopping &amp; Delivery Prescription Collection Telephone Befriending Wellbeing Checks Information &amp; Reassurance Dog Walking</b></p> <p><b>Call us seven days a week on 0151 482 3456</b></p> <p>Priority to be given to people aged 70+ living alone</p>	   <p><b>COMMUNITY SUPPORT</b></p> <p>If you know of someone who is need of help, please <b>email</b> <a href="mailto:community@tranmererovers.co.uk">community@tranmererovers.co.uk</a> or call 0151 6093325.</p>
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### Local Action organisations

These groups are offering support for people who are self-isolating and are unable to leave their homes.

#### Wirral Support during Coronavirus

<https://www.facebook.com/groups/wirral2020>

#### Rock Ferry Labour Party COVID-19

#### St Peter's Church Rock Ferry COVID-19

Rock Ferry Labour Party COVID - 19  
We have activists who are willing to collect prescriptions and essential shopping. Telephone Support during COVID - 19 Telephone Councillor Yvonne Nolan on 07834 767 380. Email: [yvonnennolan@wirral.gov.uk](mailto:yvonnennolan@wirral.gov.uk) COVID-19 support

St Peter's Church Rock Ferry

- Food Aid (whilst supplies last) - Further assistance to isolated, elderly such as prescription pick up, shopping etc. - Spiritual guidance and hope COVID-19  
support Website: <http://www.stpetersrockferry.org.uk>

#### Helping Oxtan Covid -19

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Contact at any reasonable time to access Community Volunteers assisting Oxtan residents with shopping, prescriptions, dog walking, posting mail, urgent supplies, & friendly phone calls for those who are isolated. Telephone Allan Brame 07905 487 797 Email: [helpingoxton@gmail.com](mailto:helpingoxton@gmail.com) COVID-19 support

#### Cornerstone Church Bebington Covid-19 (View on map)

Cornerstone Church Bebington Covid-19

Able to assist local residents with Shopping, errands, well being support, getting medicines, and being a Listening ear Please call Josh Walsh on 07912304496 COVID-19 support Telephone: 07912304496 Website: <https://www.cornerstonechurchwirral.org/>

#### Eastham Community Forum/St Marys Parish Church COVID-19

Eastham Community Forum/St Marys Parish Church  
Food, phone calls, shopping, picking up medication etc COVID-19 support

We hope you have found this contact sheet useful and if you are aware any further local organisations who are able to help then please let us know and we will update this document. Thank you for your support.